Risotto all' Amanda

Proper risotto in the Italian-style can take a really long time to make. Here's a clever shortcut to truly stellar risotto; use a pressure cooker! This is the best risotto I've ever tasted, and it was improvised by my wife Amanda from scratch. I forced her to write down the recipe. And here it is, so the entire world can enjoy the sheer brilliance of great risotto in a fraction of the normal time. Don't say I never told you how awesome this stuff is.

Recipe by Juan Calvo | Created on Nov 16, 2021

Ingredients

- 2 cups vegetable broth
- 1 pinch saffron
- 1 ounce dried porcini mushrooms
- 1/4 cup olive oil, divided
- 1 red onion, chopped
- 1 cup Arborio rice
- 3 tablespoons chopped garlic
- ? cup white wine
- 1/2 teaspoon salt
- 2 cups water
- 8 ounces uncooked medium shrimp, peeled and deveined

Directions

- Stir vegetable broth and saffron together in a bowl.
- Bring a pot of water to a boil; add dried porcini mushrooms and cook until mushrooms are reconstituted, about 1 1/2 minutes. Drain and finely chop the mushrooms.
- Heat 2 tablespoons olive oil in a pressure cooker over medium-high heat. Saute onion in hot oil until onion
 is caramelized, about 10 minutes. Add rice; saute until rice is translucent, about 2 minutes more. Add garlic
 and 1 tablespoon olive oil to onion and saute until fragrant, 1 to 2 minutes. Transfer rice mixture to a
 stainless steel bowl that can fit inside the pressure cooker. Stir vegetable broth with saffron, mushrooms,
 wine, and salt into rice mixture and toss to combine. Cover the bowl with aluminum foil.
- Pour 2 cups of water into the bottom of the pressure cooker and place the pressure cooker's metal rack in the base for steaming. Place bowl with rice mixture on top of the metal rack in the pressure cooker.
- Cover the pressure cooker with the lid, lock the lid, bring the cooker to high pressure, and cook under pressure for 6 minutes. Release pressure from the pot according to the manufacturer's instructions.
 Remove bowl with risotto from pressure cooker.
- Heat remaining 1 tablespoon oil in a skillet over high heat. Saute shrimp in hot oil until they are bright pink on the outside and the meat is no longer transparent in the center, 2 to 3 minutes. Stir shrimp into risotto.

Nutrition Facts

Serving: 4 servings | Calories: 421.9 kcal | Carbohydrates: 52.1 g | Protein: 15.9 g | Saturated fat: 2 g |

Cholesterol: **84.8 mg** | Sodium: **628.3 mg** | Fiber: **2.8 g** | Sugar: **3.1 g**

Categories

Main Dish Recipes Rice Risotto Recipes