

# Peanut Butter Frosting Without Powdered Sugar

This was inspired by my son who doesn't like overly sweet frosting but loves peanut butter.

Recipe by [Soline Adam](#) | Created on **Nov 15, 2021**

## Ingredients

- 1 cup cream cheese
- ½ cup peanut butter
- ¼ cup honey
- 1 cup frozen whipped topping (such as Cool Whip®), thawed

## Directions

- Whip cream cheese, peanut butter, and honey together in a mixing bowl until light and fluffy. Fold in whipped topping.

## Nutrition Facts

Serving: **2 cups** | Calories: **152.2 kcal** | Carbohydrates: **8.4 g** | Protein: **4.2 g** | Saturated fat: **5.4 g** | Cholesterol: **21.3 mg** | Sodium: **106.9 mg** | Fiber: **0.7 g** | Sugar: **6.8 g**

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