Pork Tenderloin with Low Fat Romesco Sauce

Sliced seasoned pork tenderloin is served with a tomato and red pepper romesco sauce.

Recipe by Vanesa Delgado | Created on Nov 8, 2021

Ingredients

- 1 Smithfield® Peppercorn & Garlic Seasoned Pork Tenderloin
- 1/4 cup toasted sliced almonds
- 1 1/2 slices whole wheat bread, toasted
- 2 large tomatoes, roasted
- ½ (15 ounce) jar roasted red peppers
- ½ lemon, juiced
- 2 tablespoons red wine vinegar
- ½ teaspoon fresh ground black pepper, or to taste
- · Salt, to taste

Directions

- Roast tenderloin in oven at 425 degrees F for 25 to 30 minutes until internal temperature reaches 150 degrees F.
- Grind almonds and bread in blender until fine. Add tomatoes and red peppers; blend until smooth.
- Stir in remaining ingredients. Serve at room temperature over sliced tenderloin.

Nutrition Facts

Serving: 5 servings | Calories: 185.1 kcal | Carbohydrates: 14.1 g | Protein: 21.5 g | Saturated fat: 0.8 g | Cholesterol: 52.3 mg | Sodium: 410.6 mg | Fiber: 3.7 g | Sugar: 3.7 g

Categories

Trusted Brands: Recipes and Tips Smithfield®