

Colorful Tomato Salad with Rose Water Dressing

This is a fresh salad my husband and I eat a lot during the warm summer days. Garnish with peanuts or pine nuts.

Recipe by [Valentine Faure](#) | Created on **May 2, 2023**

Ingredients

- 1 tablespoon chopped fresh mint
- 2 teaspoons red wine vinegar
- 2 teaspoons water
- 1 teaspoon rose water
- salt and ground black pepper to taste
- 4 large tomatoes, chopped
- 1 red onion, chopped
- 1 cucumber, chopped
- 1 small green bell pepper, chopped
- ½ cup chopped sun-dried tomatoes

Directions

- Whisk mint, vinegar, water, rose water, salt, and pepper together in a bowl until dressing is smooth.
- Mix tomatoes, onion, cucumber, green bell pepper, and sun-dried tomatoes together in a bowl. Pour dressing over tomato mixture and stir to coat.

Nutrition Facts

Serving: **4 servings** | Calories: **73.2 kcal** | Carbohydrates: **16.3 g** | Protein: **3.4 g** | Saturated fat: **0.1 g** | Sodium: **191.9 mg** | Fiber: **4 g** | Sugar: **9.8 g**

Categories

[Salad](#)[Vegetable Salad Recipes](#)[Tomato Salad Recipes](#)