

# Zesty Italian Salad

Knorr® Rice Sides™ – Chicken flavor, with chunks of chicken, fresh lemon, spinach, cherry tomatoes, and artichokes makes a dish perfect for a pot luck or to take to work for lunch. Delicious hot or cold!

Recipe by Maria Carmona | Created on **Aug 1, 2022**

## Ingredients

- 1 (5.6 ounce) package Knorr® Rice Sides™ - Chicken
- 2 cups cubed cooked chicken breast
- 1 cup chopped fresh spinach leaves
- 8 cherry tomatoes, halved
- 2 marinated artichoke hearts - drained, cut into eighths
- ¼ cup shredded Parmesan cheese
- 1 lemon, zested
- ¼ cup lemon juice
- 1 clove garlic, minced
- 1 tablespoon extra-virgin olive oil

## Directions

- Cook rice according to package directions; let cool.
- Place cooled rice, chicken, spinach, tomatoes, artichokes, cheese, and lemon zest in a large bowl, toss to combine.
- Whisk lemon juice, garlic, and olive oil together in a mixing bowl. Pour over rice mixture; toss to combine.

## Nutrition Facts

Serving: **4 cups** | Calories: **360.4 kcal** | Carbohydrates: **15.2 g** | Protein: **26 g** | Saturated fat: **5.9 g** | Cholesterol: **57.3 mg** | Sodium: **217.2 mg** | Fiber: **3.7 g** | Sugar: **0.5 g**

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