

# Apple Smiles

A goofy snack for you or your little ones. These apples look like wax teeth! Many of the ingredients can be substituted for allergies or preference. Great snack for Halloween or April Fool's Day!

Recipe by Brayden Craig | Created on **Mar 10, 2022**

## Ingredients

- 1 Red Delicious apple
- 3 tablespoons peanut butter
- 15 mini marshmallows, or more as needed

## Directions

- Slice apple into 4 sections and cut away stem and seeds. Etch the skin of each section with a paring knife to form "lips." Carve out some of the skin to form a "mouth" between the "lips."
- Spread peanut butter into the "mouth." Arrange the mini marshmallows on top of the peanut butter to form the "teeth." Bite into the fleshly part of the apple so the "teeth" are facing outward.

## Nutrition Facts

Serving: **4 apple smiles** | Calories: **103 kcal** | Carbohydrates: **10.2 g** | Protein: **3.1 g** | Saturated fat: **1.3 g** | Sodium: **61 mg** | Fiber: **1.6 g** | Sugar: **6.9 g**

## Categories

Appetizers and Snacks

Fruit