

# Deborah's Holiday Mashed Potatoes

These are something I dreamed up for pumping up the volume of plain mashed potatoes. I serve them at holiday dinners a lot; everyone loves them! They add a little zing to regular mashed potatoes.

Recipe by Matteo Hubert | Created on **Mar 10, 2022**

## Ingredients

- 6 white potatoes, diced
- ½ cup sour cream
- ¼ cup milk
- ¼ cup butter
- ¼ cup finely diced jalapeno pepper, or to taste
- ¼ cup shredded Monterey Jack cheese
- 1 tablespoon garlic powder

## Directions

- Place potatoes into a large pot and cover with salted water; bring to a boil. Reduce heat to medium-low and simmer until tender, about 20 to 25 minutes. Drain.
- Mash the potatoes with sour cream, milk, butter, jalapeno pepper, Monterey Jack cheese, and garlic powder in a bowl using a potato masher or fork until smooth and fully incorporated.

## Nutrition Facts

Serving: **10 servings** | Calories: **180.7 kcal** | Carbohydrates: **23.9 g** | Protein: **4.1 g** | Saturated fat: **5.1 g** | Cholesterol: **20.3 mg** | Sodium: **32.3 mg** | Fiber: **3 g** | Sugar: **1.6 g**

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