

Cheddar Broccoli and Chicken Casserole from Country Crock®

This cheesy casserole with fresh veggies and chunks of cooked chicken bakes up golden and bubbly in about 30 minutes for a quick weeknight meal.

Recipe by [Jared Gardner](#) | Created on **Mar 10, 2022**

Ingredients

- 1 ½ cups 2% milk
- ¼ cup all-purpose flour
- 3 tablespoons Country Crock® Spread, divided
- 2 cups cut-up cooked chicken breast
- 4 cups vegetables such as broccoli florets and red bell peppers
- 2 ¼ cups finely shredded low-fat Cheddar cheese, divided
- 1 tablespoon onion powder
- ¼ cup panko bread crumbs

Directions

- Preheat oven to 425 degrees. Melt 2 tablespoons Country Crock® Spread in large nonstick skillet and saute broccoli and red bell pepper until crisp tender. Whisk milk and flour in large bowl. Add chicken, cooked vegetables, 2 cups cheese, and onion powder; toss to mix. Pour into 8-inch baking dish.
- Combine panko crumbs, remaining 1 tablespoon Spread and remaining ¼ cup cheese in small cup. Sprinkle over top of casserole.
- Bake 30 to 35 minutes or until crumbs are golden and mixture is bubbly around edges.

Nutrition Facts

Serving: **4 servings** | Calories: **369.5 kcal** | Carbohydrates: **23.6 g** | Protein: **35.6 g** | Saturated fat: **6.1 g** | Cholesterol: **55.8 mg** | Sodium: **602.5 mg** | Fiber: **2.7 g** | Sugar: **6.8 g**

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