

Whipped Garlic

Deceptively simple recipe for Lebanese-style whipped garlic. Intense and delicious, with an infinite number of applications -- it's lovely spread on plain pita bread or used a dip for veggies.

Recipe by [Jeremiah Simmons](#) | Created on **Mar 2, 2022**

Ingredients

- 3 cups peeled garlic cloves
- ½ cup olive oil
- 3 tablespoons salt, or to taste

Directions

- In a food processor, process garlic cloves and salt together until smooth. Add olive oil in small amounts, processing in short bursts until well combined.

Nutrition Facts

Serving: **12 servings** | Calories: **130.2 kcal** | Carbohydrates: **11.2 g** | Protein: **2.2 g** | Saturated fat: **1.3 g** | Sodium: **1750.1 mg** | Fiber: **0.7 g** | Sugar: **0.3 g**

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