

# Kid-Friendly Chicken Chimichangas

Try this recipe for kid-friendly chicken chimichangas that will please even a picky eater.

Recipe by [Paul Harris](#) | Created on **Nov 19, 2021**

## Ingredients

- 8 ounces cream cheese
- 8 ounces shredded pepper Jack cheese
- 1 ½ tablespoons taco seasoning mix
- 1 pound shredded cooked chicken
- 8 flour tortillas
- cooking spray
- 1 cup shredded Cheddar cheese
- ½ cup non-chunky salsa
- 4 tablespoons sour cream

## Directions

- Preheat the oven to 350 degrees F (175 degrees C).
- Mix cream cheese, pepper Jack cheese, and taco seasoning in a medium-sized bowl. Fold in cooked shredded chicken. Divide mixture evenly onto 8 tortilla shells. Fold tortillas by tucking in sides first and then rolling. Place filled tortillas into a 9x13-inch baking dish with seam-sides down. Spray tops with cooking spray.
- Bake in the preheated oven for 15 minutes. Turn chimichangas over and bake 15 minutes more.
- Serve topped with Cheddar cheese, salsa, and sour cream.

## Nutrition Facts

Serving: **8 chimichangas** | Calories: **556.9 kcal** | Carbohydrates: **31.7 g** | Protein: **32 g** | Saturated fat: **17.3 g**  
| Cholesterol: **122.2 mg** | Sodium: **837.4 mg** | Fiber: **1.9 g** | Sugar: **0.9 g**

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