

# Orange and Fennel Salad

Salty kalamata olives balance the sweet orange in this salad. The tangy orange vinaigrette brings it all together.

Recipe by [Teresa Garrett](#) | Created on **Nov 19, 2021**

## Ingredients

- 1 (6 ounce) package DOLE® Tender Garden Blend
- 2 medium (blank)s oranges, peeled and cut in half slices
- 1 fennel bulb, trimmed, cored and thinly sliced lengthwise
- 8 each pitted Kalamata olives, cut in half
- Orange Vinaigrette (recipe below)

## Directions

- Combine salad, oranges, fennel and olives in large bowl. Toss with Fresh Orange Dressing, to coat, as desired. Refrigerate any remaining vinaigrette.

## Nutrition Facts

Serving: **4 servings** | Calories: **51.7 kcal** | Carbohydrates: **7 g** | Protein: **1.8 g** | Saturated fat: **0.2 g** |  
Cholesterol: **0 mg** | Sodium: **190.2 mg** | Fiber: **2.9 g** | Sugar: **0.1 g**

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